

15 Excellent Pieces of Advice That Most People Ignore

1. Take time to know yourself:

- a. When you know who you are, you can be wise about your goals, your dreams, your standards, your convictions.
- b. Knowing who you are allows you to live your life with purpose and meaning.

2. In order to get, you have to give:

- a. If you support, guide, and lead others, if you make 9 contributions to their lives, you will reap the best rewards.

3. Luck comes from hard work.

- a. Luck happens when hard work and timing and talent intersect.

4. Be patient and persistent.

- a. Life is not so much what you accomplish as what you overcome.

5. Don't make assumptions.

- a. If you don't know the situation fully, you can't offer an informed opinion.

6. Don't try to impress everyone.

- a. The unhappiest people are those who care the most about what other people think.

7. Life's good, but it's not fair.

- a. The delusion that life's supposed to be fair is the source of much unhappiness.

8. Don't make decisions when you are angry or ecstatic.

- a. The best decisions are made with a clear conscious mind,
- b. Not in the throes of any emotion—positive or negative.

9. Don't worry what other people think.

- a. Personality begins where comparison leaves off.
 - i. Be memorable.
 - ii. Be confident.
 - iii. Be unique.
 - iv. Be proud.

10. Learn something new every day.

- i. Have the mindset of a student.
- ii. Never think you are too old to ask questions or know too much to learn something new.

11. Make what is valuable important.

- a. Instead of thinking about what is profitable, think about what is valuable.
- b. Invest in others and you will grow your portfolio.

12. Believe in yourself.

- a. The way you see yourself is the way you will treat yourself, and
- b. The way you treat yourself is what you become.

13. A narrow focus brings big results.

- a. The number one reason people give up so fast is:
 - i. They tend to look at how far they still have to go instead of how far they have come.
- b. Remember, it's a series of small wins that can give us the most significant success.

14. Show up fully.

- a. Don't dwell on the past, and don't daydream about the future.
- b. Concentrate on showing up fully in the present moment.

15. Do what is right, not what is easy.

- a. Strength of character leads us to do the right thing, even when there are easier options.