

Universal Mind @univ_mind

10 MUST-READ Quotes From the Book: "7 Habits of Highly Effective People" By Stephen Covey

1. "Most people do not listen with the intent to understand; they listen with the intent to reply."
2. "Treat a man as he is and he will remain as he is. Treat a man as he can and should be and he will become as he can and should be."
3. "But until a person can say deeply and honestly, "I am what I am today because of the choices I made yesterday," that person cannot say, "I choose otherwise."
4. "It's not what happens to us, but our response to what happens to us that hurts us."
5. "To change ourselves effectively, we first had to change our perceptions."
6. "Love is a verb. Love - the feeling - is the fruit of love the verb or our loving actions. So love her. Sacrifice. Listen to her. Empathize. Appreciate. Affirm her."
7. "Start with the end in mind."
8. "We see the world, not as it is, but as we are conditioned to see it."
9. "When the trust account is high, communication is easy, instant, and effective."
10. "It is one thing to make a mistake, and quite another thing not to admit it. People will forgive mistakes, because mistakes are usually of the mind, mistakes of judgment. But people will not easily forgive the mistakes of the heart, the ill intention, the bad motives."

BONUS:

Habit 1: Be Proactive

Habit 2: Begin with the End in Mind

Habit 3: Put First Things First

Habit 4: Think Win/Win

Habit 5: Seek First to Understand, Then to Be Understood

Habit 6: Synergize

Habit 7: Sharpen the Saw

To understand the 7 habits, you must read the book.