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Lie: School sets you up for the real world.

If you want to win at life, you need to learn to figure it out.

How to figure anything out:

1. Accept that you don't know it all:

- a. First, normalize not knowing everything. It's okay.
- b. The ones that know a lot continue to ask questions.
- c. Speak less.
- d. Ask more.

2. Curiosity wins:

- a. Be ready to be a student again.
- b. Know that it never stops — lifelong learning.
- c. The universe appreciates genuine curiosity.
- d. Friends, the internet & communities will give you what you want if you show genuine interest.

3. Be positive-sum:

- a. Want others to win.
- b. The more you give, the more you get.
- c. If people around you are winning, you will win (at some point).
- d. Surround yourself with winners and help them win big.

4. Use Youtube:

- a. You can literally learn anything for free if you:
 - i. Are curious enough
 - ii. Show up every day
- b. Here are some of the best places to learn:
 - i. After Skool - @AfterSkool
 1. This channel animates great talks from the past
 - ii. April Wilkerson
 1. April is a skilled carpenter that walks you through building a wide variety of products -- a great channel for homeowners
 - iii. Crash Course - @TheCrash Course
 1. 10 minutes lessons on any subject that you can think of
 2. I HIGHLY recommend the "U.S. History" playlist
 - iv. Deep Dive
 1. This channel has only 3 videos, but HOLY COW are they amazing

- v. Daily Dose of Internet
 - 1. 3-5 minutes montage of some of the best clips found on the internet
 - 2. My whole family loves this channel
- vi. Dude Perfect - @DudePerfect
 - 1. 5 college friends doing trick shots
 - 2. Good wholesome family fun
- vii. Mark Rober - @MarkRober
 - 1. Former NASA engineer teaches science lessons through extremely fun videos
- viii. My Mechanics
 - 1. A HIGHLY skilled craftsman restores a variety of tools
- ix. Outdoor boys
 - 1. A dad who loves to camp takes his kids on adventures
- x. Our Rich Journey - @ourrichjourney
 - 1. A financially savvy couple retired at 39 and teaches you how they did it
- xi. Practical Engineering
 - 1. A civil engineer explains how things we take for granted work
- xii. Physics Girl
 - 1. Short videos that explain physics in a fun and easy to-understand manner
- xiii. Real Engineering
 - 1. Wonderfully detailed videos on a variety of engineering constructions projects
- xiv. Sci Show - @SciShow
 - 1. Short videos on just about any science topic you can think of
- xv. SmarterEveryDay - @smartereveryday
 - 1. Fun & entertaining videos on a wide variety of topics
- xvi. Stuff Made Here - @stuffmadehere
 - 1. An engineer spends a crazy amount of time creating a variety of fun projects
- xvii. TED-Ed**
 - 1. Wonderful talks that spread interesting ideas
- xviii. Wintergatan - @wintergatan
 - 1. Watch a musician embark on a multi-year journey to build a crazy machine that plays music using marbles
- xix. Yoga With Adriene - @yogawithadriene
 - 1. If you like yoga, you'll love Adriene's channel