

How to be a More Interesting Person, 10 ways that took me many years to learn

**1. Create Contrast**

- a. If you are someone who is nerdy, people expect you to be physically weak. So get big and strong, that's interesting.
- b. Plumbers who are well spoken.
- c. Accountants who are masculine.
- d. Engineers with good social skills.
- e. You are different from "the usual."

**2. Stop speaking so damn much**

- a. People like talking about themselves. They love it when someone listens. So... let them speak.
- b. You'll seem \*way\* more interesting if you have more information about them than they do about you.
- c. When you speak too much, you lose mystery.

**3. Postpone the "Me Too" Conversation**

- a. You play tennis. Someone you meet mentions that they play tennis. You get excited, "I like tennis too!" Bad.
- b. You'll seem much more interesting if you say nothing now, and casually say you play tennis in a different future conversation.

**4. Learn the basics of a variety of topics**

- a. Read at least one book per month.
- b. Your knowledge should form a 'T' shaped structure, where you know something about everything, and have in-depth knowledge of a few fields.
- c. In valuable circles, there is no substitute for knowledge.

**5. Have things going on in your life**

- a. Always have something going on in your life.
  - i. A business you're working on
  - ii. Something you're learning
  - iii. Something you're building
- b. Having nothing going on is a sign of low-value.
- c. If you're not constantly getting better, you're getting worse.

**6. Get some hobbies**

- a. Hike
- b. Play a sport
- c. Learn to dance
- d. Lift some weights
- e. Draw some pictures
- f. Write some articles
- g. Broaden your taste in entertainment

- h. Absolutely do not be that guy whose idea of a fun time is sitting at home and watching TV while eating a TV dinner.

### **7. Travel**

- a. Go somewhere. Alone if you don't have friends.
- b. Spend some time on things that will make a good story. People enjoy listening to good stories.
- c. Traveling also gives you perspective and experience, which is invaluable.

### **8. Do cool things, be a fun person**

- a. You need to go out 2x a week, safely in pandemic times.
- b. Anything less than that and you'll start to see a decline in your social skills due to lack of use.
- c. Try interesting activities you come across
  - i. new cuisines
  - ii. singing karaoke
  - iii. boating or kayaking

### **9. Don't present yourself as overly serious and nerdy**

- a. It's good to be very focused, but avoid giving off that image in a social setting.
- b. Do not give off the "serious guy" vibe - it is a huge turnoff.
- c. When you're out, focus on having fun.
- d. Act like a "chill" laid-back person.

### **10. Improve your personality**

- a. Try to "complete yourself."
- b. If you're an introvert, don't sit at home. Initiate plans, make the first move.
- c. Extrovert? Read more. Talk less.
- d. Find weaknesses in your personality and fix them.
- e. Only fools are proud of being "socially awkward."

### **11. Bonus: Have a purpose**

- a. Do you know what really makes people interesting?
  - i. Passion.
  - ii. Find something you care about
    - 1. What business do you want to build?
    - 2. What change do you want in the world?
    - 3. What do you want to create?