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## 11 life-changing questions to ask yourself today:

1. **What's one thing I can get done now?**
  - a. I know, I know, you've heard it 1,000 times before. The key is taking action.
  - b. The funny thing about advice? The good stuff gets repeated.
  - c. Start by identifying the single most important thing you can do today.
  - d. Now go do it.
2. **What do I need to make it happen?**
  - a. Quit overcomplicating things. You've decided what to do, the next step is simple.
  - b. Ask, what do I need? More knowledge, a better network?
  - c. If you know where to look, you can learn anything & connect with anyone.
3. **In what areas of my life am I settling?**
  - a. Just "ok" & "good enough" don't sound interesting to me.
  - b. If you're willing to settle for average, that's exactly what you'll get. Life has a funny way of giving you what you ask for.
  - c. Want uncommon results? Take uncommon action.
4. **What do I want my life to be in 5 years?**
  - a. Identify the destination, then back your way into the path to get there.
  - b. In most cases, someone else has already done what you're trying to do.
  - c. Follow their lead.
5. **Where will my life be in 5 years if I continue doing what I am doing today?**
  - a. We all know the definition of Insanity: Doing the same thing over and over and expecting different results.
  - b. Change your inputs into the world, and the world will return better outputs.
6. **What would I do if I wasn't scared?**
  - a. Often, what holds us back is fear. Fear of the unknown, fear of failure, fear of what others may think.
  - b. Breaking news: People are often too wrapped up in their own world to worry much about yours.
  - c. Put yourself out there.
  - d. It's worth it.
7. **What's stopping me from doing the things I know I should be doing?**
  - a. Fact: You already know what to do.
  - b. Whether it's losing weight, advancing at work, or being a better person in general. The path isn't a mystery.

**8. Would I rather have less work to do, or more work I actually enjoy doing?**

- a. I hear people talk about how they would "do whatever they want" if they were rich.
- b. Translation: They'd spend more time doing things they enjoy.
- c. Focus here: Enjoyment = Better Work = Better Compensation.

**9. Am I surrounding myself with the right people?**

- a. I'm sure you've seen the quote: "We are the average of the 5 people we spend the most time with."
- b. This couldn't be more true. Surrounding yourself with positive-sum people, working toward a common goal, is a game-changer.
- c. Do this.

**10. How do I want the world to be different because I lived in it?**

- a. I used to scoff at the notion I could change the world.
- b. 6 months and 64K followers later, my opinion is changing.
- c. If I can help others believe in themselves, take action, & reach their goals, I consider that a win.

**11. Why not? Why not you? Why not now?**

- a. Two words → infinite power.
- b. Believe in yourself, your capability, your potential.
- c. There's no better time to start.